# **Fire Safety**

# 1. Fire Safety 1.2017 (1)

#### 1.1 Untitled Slide



## 1.2 Target Audience



#### 1.3 Learning Objectives



# Learning Objectives

- · Describe the fire triangle and its purpose.
- List the extinguishing agents that can be used with the various classes of fires.
- · Discuss the rules associated with exits.
- Explain the characteristics of proper and improper egress.
- · Restate the general fire safety rules.
- Identify fire drill requirements.

font con

## 1.4 Housekeeping Notes

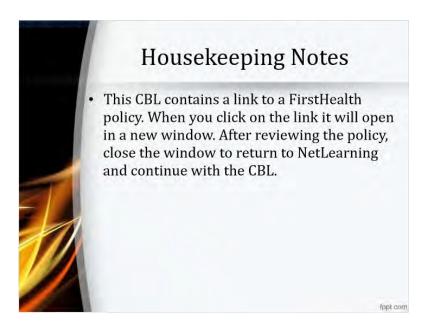


# **Housekeeping Notes**

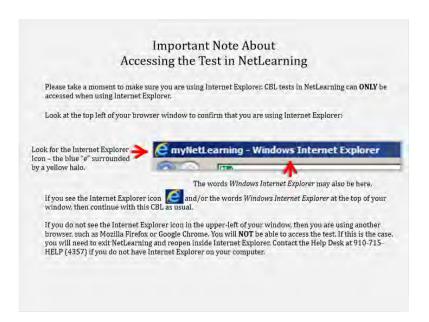
- You can "bookmark" in this CBL. This means that you can pick up where you left off if you can't finish this CBL in one sitting.
- Simply use the Bookmark button to activate this feature.
- Not all CBLs are sized the same. Some are too large for the screen.
  - Using the F11 key on the keyboard will make the CBL go to full screen so that you can see all of the CBL without having to scroll.
  - To exit full screen, simply press the F11 key again.

forst cor

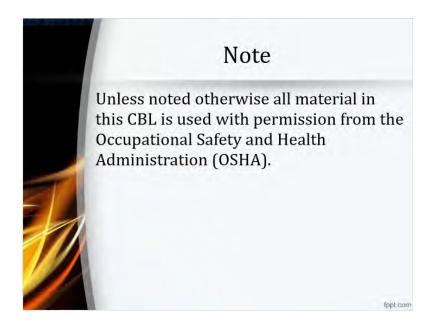
### 1.5 Housekeeping Notes



#### 1.6 Important Note About



#### **1.7 Note**



#### 1.8 Menu



### 1.9 OSHA Requirements



# **OSHA** Requirements

- OSHA Requirements for workplace fire safety are contained in 29 CFR 1910 Subparts E and L.
  - Subpart E contains Exit routes, emergency action plans, and fire prevention plans.
  - Subpart L contains Fire protection.

font con

#### 1.10 Introduction



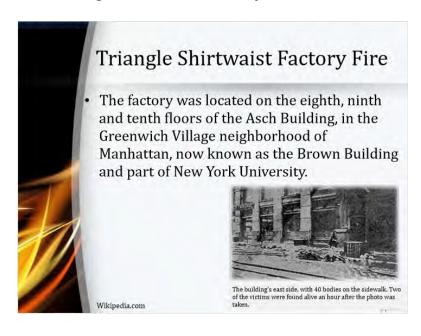
#### 1.11 2014



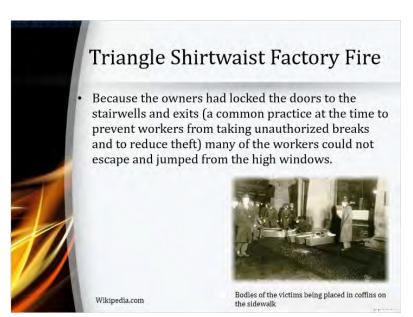
### 1.12 Triangle Shirtwaist Factory Fire



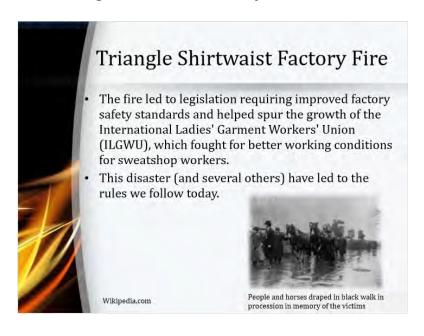
#### 1.13 Triangle Shirtwaist Factory Fire



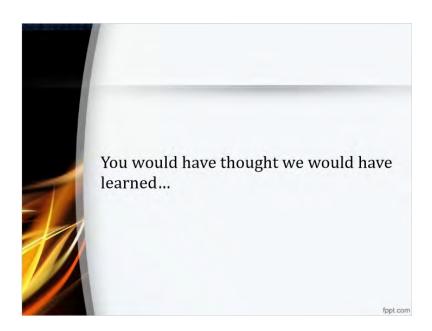
## 1.14 Triangle Shirtwaist Factory Fire



### 1.15 Triangle Shirtwaist Factory Fire



#### 1.16 Untitled Slide



#### 1.17 Imperial Food Products, Inc.



# Imperial Food Products, Inc.

- In September 1991, 25 people died as a result of a fire in the Imperial Food Products, Inc., plant in Hamlet, North Carolina.
- The cause of the fire was the ignition of hydraulic oil from a ruptured line only a few feet from a naturalgas-fired cooker.
- The cooker was used to cook chicken pieces for distribution to restaurants.
  - Out of 90 employees on the shift, 25 died and an additional 54 were injured.

Wikipedia.com

font cor

#### 1.18 Imperial Food Products, Inc.



# Imperial Food Products, Inc.

- Many OSHA violations were uncovered after the fire.
  - The basic OSHA exit and fire safety violations that contributed to the deaths and injuries were:
    - · Locked doors
    - · No marking of exits or non-exits
    - · Excessive travel distances to exits
    - · No fire alarms
    - · Obstructed doors
    - · No emergency action plan or fire prevention plan
    - · No automatic fire suppression plan

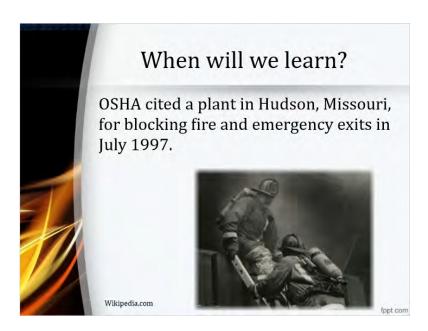
Wikipedia.con

fppt.com

### 1.19 Imperial Food Products, Inc.



#### 1.20 When will we learn?



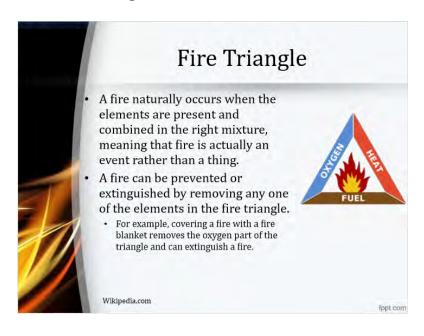
#### 1.21 How Fires Work



## 1.22 Fire Triangle



#### 1.23 Fire Triangle



#### 1.24 The Fire Tetrahedron



#### 1.25 The Fire Tetrahedron



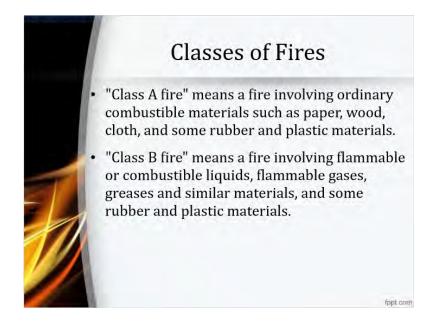
#### 1.26 The Fire Tetrahedron



#### 1.27 The Fire Tetrahedron



### 1.28 Classes of Fires



### 1.29 Classes of Fires

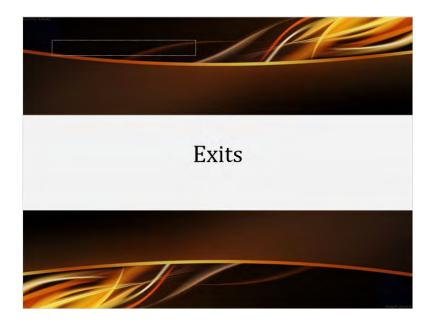


# Classes of Fires

- "Class C fire" means a fire involving energized electrical equipment where safety to the employee requires the use of electrically nonconductive extinguishing agent (e.g., CO<sub>2</sub> or dry chemical).
  - Once the electricity has been turned off to the equipment it normally becomes a "Class A" fire.
- "Class D fire" means a fire involving combustible metals such as magnesium, titanium, zirconium, sodium, lithium and potassium.

font cor

#### 1.30 Exits



#### 1.31 Basic Requirements



# **Basic Requirements**

- Exit routes must meet the following design and construction requirements:
  - · An exit route must be permanent.
    - Each exit route must be a permanent part of the workplace.
  - An <u>exit</u> must be separated by fire resistant materials.
    - Construction materials used to separate an exit from other parts of the workplace must have a one-hour <u>fire</u> <u>resistance</u> rating if the exit connects three or fewer stories and a two-hour fire resistance rating if the exit connects four or more stories.

font con

#### 1.32 Basic Requirements



# **Basic Requirements**

- Openings into an exit must be limited.
  - An exit is permitted to have only those openings necessary to allow access to the exit from occupied areas of the workplace, or to the exit discharge.
  - An opening into an exit must be protected by a self-closing fire door that remains closed or automatically closes in an emergency upon the sounding of a fire alarm or employee alarm system.
  - Each fire door, including its frame and hardware, must be listed or approved by a nationally recognized testing laboratory.

forst cor

#### 1.33 The Number of Exit Routes Must be Adequate



# The Number of Exit Routes Must be Adequate

- Two exit routes.
  - At least two exit routes must be available in a workplace to permit prompt evacuation of employees and other building occupants during an emergency, except as allowed in this section.
  - The exit routes must be located as far away as practical from each other so that if one exit route is blocked by fire or smoke, employees can evacuate using the second exit route.

## 1.34 The Number of Exit Routes Must be Adequate



# The Number of Exit Routes Must be Adequate

- More than two exit routes.
  - More than two exit routes must be available in a
    workplace if the number of employees, the size of the
    building, its occupancy, or the arrangement of the
    workplace is such that all employees would not be
    able to evacuate safely during an emergency.
- A single exit route.
  - A single exit route is permitted where the number of employees, the size of the building, its occupancy, or the arrangement of the workplace is such that all employees would be able to evacuate safely during an emergency.

fppt.com

#### 1.35 Exit Discharge



# Exit Discharge

- Each exit discharge must lead directly outside or to a street, walkway, refuge area, public way, or open space with access to the outside.
- The street, walkway, <u>refuge area</u>, public way, or open space to which an exit discharge leads must be large enough to accommodate the building occupants likely to use the exit route.
- Exit stairs that continue beyond the level on which
  the exit discharge is located must be interrupted at
  that level by doors, partitions, or other effective
  means that clearly indicate the direction of travel
  leading to the exit discharge.

font con

#### 1.36 An Exit Door Must be Unlocked



# An Exit Door Must be Unlocked

- Employees must be able to open an exit route door from the inside at all times without keys, tools, or special knowledge. A device such as a panic bar that locks only from the outside is permitted on exit discharge doors.
- Exit route doors must be free of any device or alarm that could restrict emergency use of the exit route if the device or alarm fails.
- An exit route door may be locked from the inside only in mental (like the Behavioral Unit at MRH), penal, or correctional facilities and then only if supervisory personnel are continuously on duty and the employer has a plan to remove occupants from the facility during an emergency.

fppt.com

#### 1.37 A Side-hinged Exit Door Must be Used



# A Side-hinged Exit Door Must be Used

- A side-hinged door must be used to connect any room to an exit route.
- The door that connects any room to an exit route must swing out in the direction of exit travel if the room is designed to be occupied by more than 50 people or if the room is a <u>high hazard area</u> (i.e., contains contents that are likely to burn with extreme rapidity or explode).

font con

#### 1.38 The Capacity of an Exit Route Must be Adequate



# The Capacity of an Exit Route Must be Adequate

- Exit routes must support the maximum permitted <u>occupant load</u> for each floor served.
- The capacity of an exit route may not decrease in the direction of exit route travel to the exit discharge.

fort con

#### 1.39 An Exit Route Must Meet Minimum Height and Width Requirements



# An Exit Route Must Meet Minimum Height and Width Requirements

- The ceiling of an exit route must be at least seven feet six inches high. Any projection from the ceiling must not reach a point less than six feet eight inches from the floor.
- An exit access must be at least 28 inches wide at all points.
  - Where there is only one exit access leading to an exit or exit discharge, the width of the exit and exit discharge must be at least equal to the width of the exit access.

font con

#### 1.40 An Exit Route Must Meet Minimum Height and Width Requirements



# An Exit Route Must Meet Minimum Height and Width Requirements

- The width of an exit route must be sufficient to accommodate the maximum permitted occupant load of each floor served by the exit route.
- Objects that project into the exit route must not reduce the width of the exit route to less than the minimum width requirements for exit routes.

forst con

#### 1.41 An Outdoor Exit Route is Permitted



# An Outdoor Exit Route is Permitted

- The outdoor exit route must have guardrails to protect unenclosed sides if a fall hazard exists;
- The outdoor exit route must be covered if snow or ice is likely to accumulate along the route, unless the employer can demonstrate that any snow or ice accumulation will be removed before it presents a slipping hazard;

font con

#### 1.42 An Outdoor Exit Route is Permitted



# An Outdoor Exit Route is Permitted

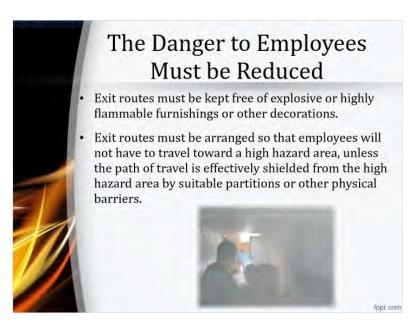
 The outdoor exit route must be reasonably straight and have smooth, solid, substantially level walkways.

font con

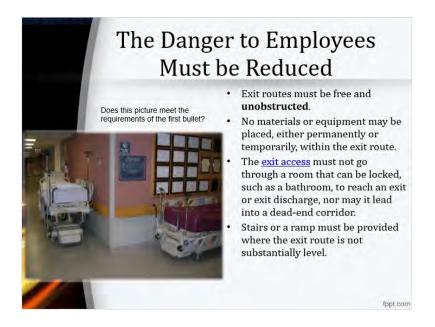
#### 1.43 Egress



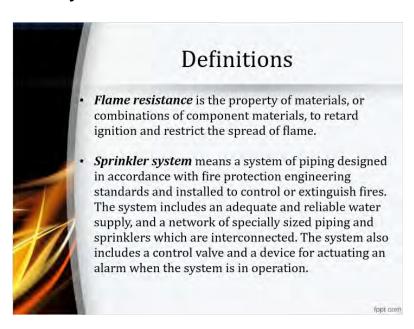
## 1.44 The Danger to Employees Must be Reduced



#### 1.45 The Danger to Employees Must be Reduced



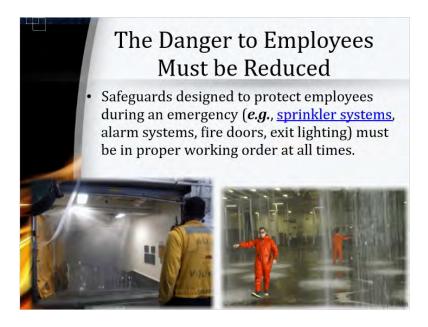
#### 1.46 Definitions



## 1.47 Extinguisher Classes



## 1.48 The Danger to Employees Must be Reduced



#### 1.49 Lighting and Marking Must be Adequate and Appropriate



# Lighting and Marking Must be Adequate and Appropriate

- Each exit route must be adequately lighted so that an employee with normal vision can see along the exit route.
- Each exit must be clearly visible and marked by a sign reading "Exit."
- Each exit route door must be free of decorations or signs that obscure the visibility of the exit route door.

font cor

#### 1.50 Lighting and Marking Must be Adequate and Appropriate



# Lighting and Marking Must be Adequate and Appropriate

- If the direction of travel to the exit or exit discharge is not immediately apparent, signs must be posted along the exit access indicating the direction of travel to the nearest exit and exit discharge. Additionally, the lineof-sight to an exit sign must clearly be visible at all times.
- Each doorway or passage along an exit access that could be mistaken for an exit must be marked "Not an Exit" or similar designation, or be identified by a sign indicating its actual use (e.g., closet).

forst cor

#### 1.51 Lighting and Marking Must be Adequate and Appropriate



# Lighting and Marking Must be Adequate and Appropriate

- Each exit sign must be illuminated to a surface value of at least five foot-candles (54 lux) by a reliable light source and be distinctive in color. <u>Self-luminous</u> or <u>electroluminescent</u> signs that have a minimum luminance surface value of at least .06 footlamberts are permitted.
- Each exit sign must have the word "Exit" in plainly legible letters not less than six inches high, with the principal strokes of the letters in the word "Exit" not less than three-fourths of an inch wide.

font con

# 1.52 Exit Routes Must be Maintained During Construction, Repairs, or Alterations



# Exit Routes Must be Maintained During Construction, Repairs, or Alterations

- During new construction, employees must not occupy a workplace until the exit routes are completed and ready for employee use for the portion of the workplace they occupy.
- During repairs or alterations, employees must not occupy a workplace unless the exit routes are available and existing fire protections are maintained, or until alternate fire protection is furnished that provides an equivalent level of safety.

fppt.com

# 1.53 Exit Routes Must be Maintained During Construction, Repairs, or Alterations



#### 1.54 An Employee Alarm System Must be Operable



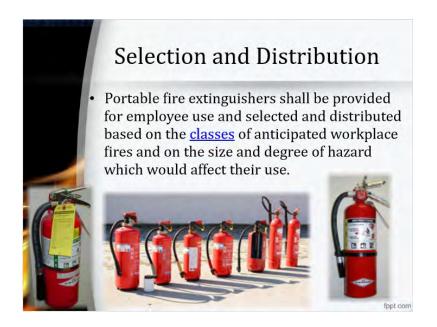
# 1.55 Examples of Obstructions Blocking Proper Egress



# 1.56 Fire Extinguishers



#### 1.57 Selection and Distribution



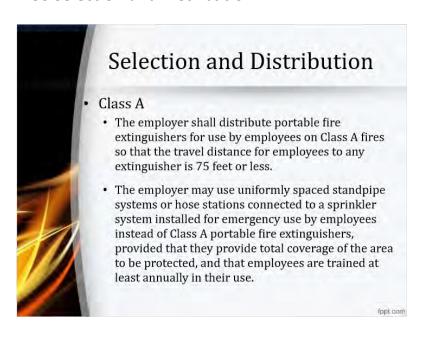
## 1.58 What extinguisher do I use?



#### 1.59 How to Extinguish a Fire



#### 1.60 Selection and Distribution



#### 1.61 Selection and Distribution



# Selection and Distribution

- Class B
  - The employer shall distribute portable fire extinguishers for use by employees on Class B fires so that the travel distance from the Class B hazard area to any extinguisher is 50 feet or less.

font cor

#### 1.62 Selection and Distribution



# Selection and Distribution

- Class C
  - The employer shall distribute portable fire extinguishers used for Class C hazards on the basis of the appropriate pattern for the existing Class A or Class B hazards.

font con

#### 1.63 Selection and Distribution



## Selection and Distribution

- · Class D
  - The employer shall distribute portable fire extinguishers or other containers of Class D extinguishing agent for use by employees so that the travel distance from the combustible metal working area to any extinguishing agent is 75 feet or less
  - Portable fire extinguishers for Class D hazards are required in those combustible metal working areas where combustible metal powders, flakes, shavings, or similarly sized products are generated at least once every two weeks.

font con

#### 1.64 Inspection, Maintenance and Testing



# Inspection, Maintenance and Testing

- · Fire extinguishers are:
  - · Inspected monthly
  - Maintenanced annually
  - Hydrostatically tested periodically



font cor

## 1.65 What is wrong with this picture?



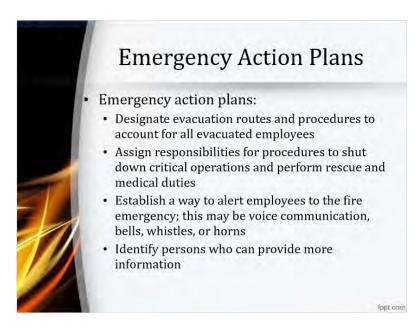
# 1.66 What is wrong with this picture?



### 1.67 Emergency Plans



## 1.68 Emergency Action Plans



#### 1.69 Fire Prevention Plan



## Fire Prevention Plan

- Provisions of a fire prevention plan include:
  - Housekeeping procedures for storage and clean-up of flammable materials and flammable waste
  - Procedures for controlling ignition sources such as smoking, welding, and burning
  - Procedures for maintenance and cleaning of heat-producing equipment, such as burners, ovens, stoves, and fryers
  - Training of employees in the potential fire hazards and the control procedures in the fire prevention plan

To view FirstHealth's Fire Safety Management Plan click here

font cor

#### 1.70 Fire Drill Requirements



# Fire Drill Requirements

- FirstHealth is required to conduct *one* fire drill per *shift* per *quarter* in each building defined as a *health care occupancy*.
- FirstHealth is required to conduct *quarterly* fire drills in each building defined as an ambulatory health care occupancy.
  - Note: Evacuation of patients during drills is not required.
- Quarterly fire drills test all primary elements of the fire response plan.

fppt.com

#### 1.71 Fire Drill Requirements



# Fire Drill Requirements

- FirstHealth is required to conduct fire drills every 12 months from the date of the last drill in all freestanding buildings classified as business occupancies and in which patients are seen or treated.
- At least 50% of the required drills are unannounced.

font con

# 1.72 The following emergency procedures will be implemented in the event of a fire:



The following emergency procedures will be implemented in the event of a fire:

- Rescue remove any person in immediate danger from heat, smoke, or flame.
- Alarm pull the nearest fire alarm in your area usually located near the Exit Signs the follow-up by calling the switchboard.
  - MMH 571-4444 MRH 715-4444 Hoke 878-4444 RMH 417-4444 Home Care - 911
- Contain close all doors and windows. Turn off all heating/cooling unites and remove portable gas cylinders.
- Extinguish/Evacuate select the appropriate fire extinguisher.

fppt.com

### 1.73 Planning Ahead



# Planning Ahead

- · Fire Emergency Pre-Plan:
  - · Know the location of the nearest fire alarm
  - Know the emergency number to dial at each facility
  - Know the location of fire extinguishers and how to use them
  - · Know the location of all exits
  - Know proper evacuation procedures and routes

For detailed information, Code Red Plans are located on the next slide

fppt.com

#### 1.74 Code Red Plans



# Code Red Plans

- MRH/Hoke click here
- RMH click here
- MMH click here



#### 1.75 General Fire Safety Rules



# General Fire Safety Rules

- The following guidelines are to be adhered to by all employees.
- · Fire prevention is everyone's responsibility.
- Do not block or prop open exit doors, corridors, corridor doors or stairwells.
- Keep all items in patient unit corridors to one side.

font con

## 1.76 General Fire Safety Rules



# General Fire Safety Rules

- Store flammable substances in proper cans and storage cabinets.
- Turn off electrical equipment when not attended wherever possible.
- Inspect electrical equipment prior to use, report any frayed cords or other types of damage immediately.
- Do not use unapproved portable space heaters. Space heaters are prohibited in patient sleeping areas.

fppt.com

#### 1.77 General Fire Safety Rules



# General Fire Safety Rules

- · Do not use extension cords.
- Do not pile material any higher than 18 inches below the ceiling.
- Keep access to all fire boxes, fire extinguishers and manual alarm pull station clear.
- Open flames not related to laboratory or cooking purposes are prohibited.
- Report any unsafe or potentially unsafe conditions to the Safety Officer.

font com

#### 1.78 Summary

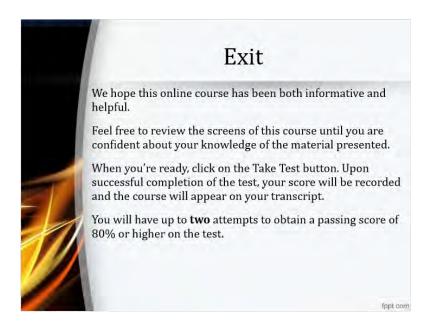


# Summary

- As a result of completing this CBL you should be able to.....
  - · Describe the fire triangle and its purpose.
  - List the extinguishing agents that can be used with the various classes of fires.
  - · Discuss the rules associated with exits.
  - Explain the characteristics of proper and improper egress.
  - · Restate the general fire safety rules.
  - · Identify fire drill requirements.

fppt cor

#### 1.79 Exit



#### 1.80 Untitled Slide



#### 1.81 Definitions



## **Definitions**

- Electroluminescent means a light-emitting capacitor.

  Alternating current excites phosphor atoms when placed between the electrically conductive surfaces to produce light. This light source is typically contained inside the device.
- **Exit** means that portion of an exit route that is generally separated from other areas to provide a protected way of travel to the exit discharge. An example of an exit is a two-hour fire resistance-rated enclosed stairway that leads from the fifth floor of an office building to the outside of the building.
- Exit access means that portion of an exit route that leads to an
  exit. An example of an exit access is a corridor on the fifth floor
  of an office building that leads to a two-hour fire resistance-rated
  enclosed stairway (the Exit).

innt con

#### 1.82 Definitions



# **Definitions**

- Exit discharge means the part of the exit route that leads directly outside or to a street, walkway, refuge area, public way, or open space with access to the outside. An example of an exit discharge is a door at the bottom of a two-hour fire resistance-rated enclosed stairway that discharges to a place of safety outside the building.
- Exit route means a continuous and unobstructed path of exit travel from any point within a workplace to a place of safety (including refuge areas). An exit route consists of three parts: The exit access; the exit; and, the exit discharge. (An exit route includes all vertical and horizontal areas along the route.)
- High hazard area means an area inside a workplace in which operations include high hazard materials, processes, or contents.

innt com

#### 1.83 Definitions



## **Definitions**

- Occupant load means the total number of persons that may occupy a workplace or portion of a workplace at any one time. The occupant load of a workplace is calculated by dividing the gross floor area of the workplace or portion of the workplace by the occupant load factor for that particular type of workplace occupancy.
- Refuge area means either:
  - A space along an exit route that is protected from the effects of fire by separation from other spaces within the building by a barrier with at least a one-hour fire resistance-rating; or
  - A floor with at least two spaces, separated from each other by smoke-resistant partitions, in a building protected throughout by an automatic sprinkler system that complies with § 1910.159 of this part.

fppt.com

#### 1.84 Definitions



## **Definitions**

- Self-luminous means a light source that is illuminated by a self-contained power source (e.g., tritium) and that operates independently from external power sources. Batteries are not acceptable self-contained power sources. The light source is typically contained inside the device.
- Carbon dioxide (CO<sub>2</sub>) means a colorless, odorless, electrically nonconductive inert gas that is a medium for extinguishing fires by reducing the concentration of oxygen or fuel vapor in the air to the point where combustion is impossible.

fppt com

#### 1.85 Definitions



## **Definitions**

- Dry chemical means an extinguishing agent composed of very small particles of chemicals such as, but not limited to, sodium bicarbonate, potassium bicarbonate, urea-based potassium bicarbonate, potassium chloride, or monoammonium phosphate supplemented by special treatment to provide resistance to packing and moisture absorption (caking) as well as to provide proper flow capabilities. Dry chemical does not include dry powders.
  - Multipurpose dry chemical means a dry chemical which is approved for use on Class A, Class B and Class C fires.
- *Dry powder* means an compound used to extinguish or control Class D fires.

fppt con

#### 1.86 Definitions



### **Definitions**

- Extinguisher classification means the letter classification given an extinguisher to designate the class or classes of fire on which an extinguisher will be effective.
- Fixed extinguishing system means a permanently installed system that either extinguishes or controls a fire at the location of the system.
  - Example the fire extinguishing system installed above the frialators in the kitchens.

forst cor

#### 1.87 Definitions



## **Definitions**

- Standpipe systems
  - Class I standpipe system means a 2 1/2" hose connection for use by fire departments and those trained in handling heavy fire streams.
  - Class II standpipe system means a 1 1/2 inch hose system which provides a means for the control or extinguishment of incipient stage fires.
  - Class III standpipe system means a combined system of hose which is for the use of employees trained in the use of hose operations and which is capable of furnishing effective water discharge during the more advanced stages of fire (beyond the incipient stage) in the interior of workplaces. Hose outlets are available for both 1 1/2" and 2 1/2" hose.

font con

#### 1.88 Exothermic Reaction



## **Exothermic Reaction**

- An exothermic reaction is a chemical or physical reaction that releases heat.
- It gives net energy to its surroundings.
- That is, the energy needed to initiate the reaction is less than the energy that is subsequently released.

An exothermic thermite reaction using iron oxide. The sparks flying outwards are globules of molten iron trailing smoke in their wake

Wikipedia